

Deppy™

Meet Peppy



Fertility

From thinking about starting a family, to being referred for the right treatment, to dealing with miscarriage or loss.



Baby

Support during pregnancy or adoption & baby's first months, including infant feeding, sleep & pelvic health.



Menopause

Education, workplace, tackling isolation, symptom management, treatment referral and more.



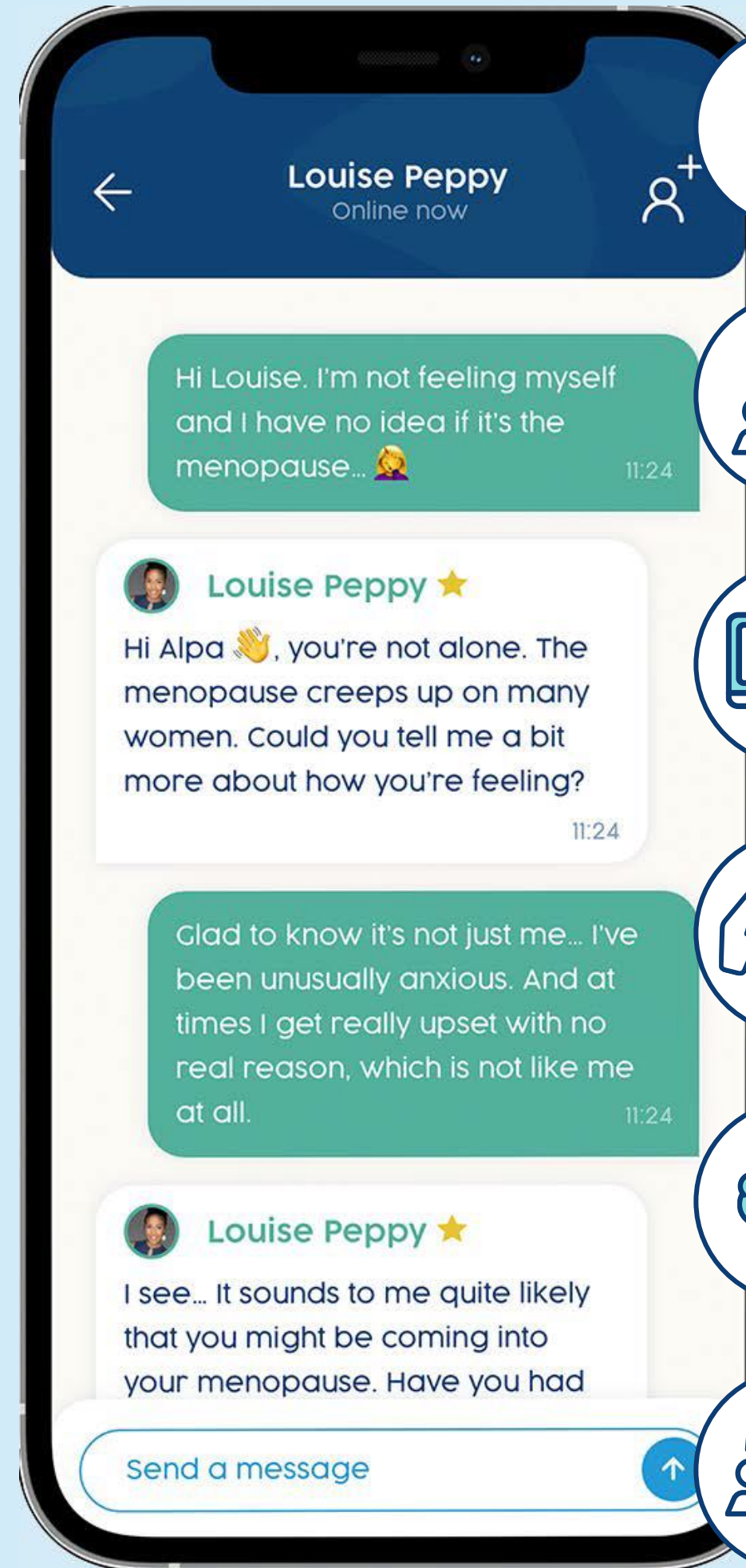
Men's Health

Support for fitness and lifestyle, mental health, urological and sexual health concerns.



Women's Health

Support for women of every age and every life stage, from periods to health and lifestyle.



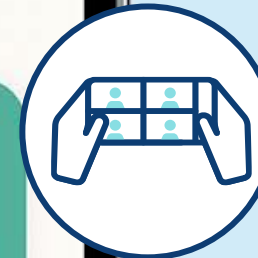
Instant messaging with an expert.



1-to-1 expert consultation.



Specialist evidence-based programmes.



Virtual seminars & webinars.



Tailored mental wellbeing support.



Peer-to-peer chat & support.

We work with employers to provide support to their employees

In 2021, we were working with leading employers...



... building partnerships with major insurers...



... but what about NHS employees?



Peppy launched at Chelsea and Westminster NHS FT in July 2021

Initial three-month pilot with 80 users

Since then, Chelwest has:

- Started monthly menopause cafes to foster community
- Recorded menopause as a reason for sick leave

I must write you to let you know how happy and impressed I am the Peppy App, so much useful information is available.

I was amazed when I asked for information and asked a question about a certain topic, the reply was immediate and I get weekly updates and new information. Someone checks in with me and asking if I need any help or information.

Someone is available to talk to too! Well worth it! Thank you Peppy for being there

Chelsea and Westminster Employee

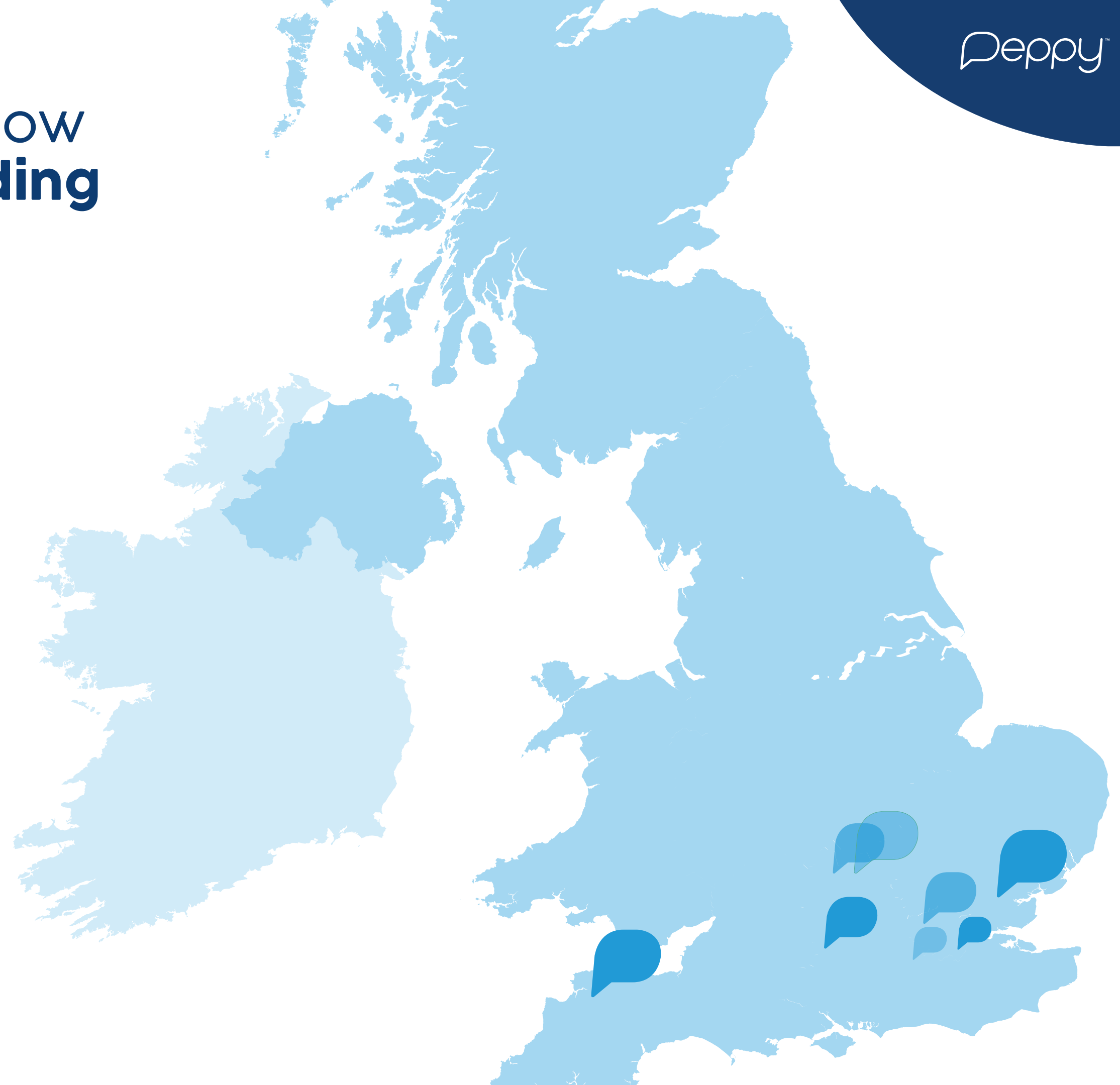
Chelsea & Westminster is now one of 8 NHS trusts providing Peppy Menopause

8 trusts and NHS E/I Head Office live

- Berkshire NHS Trust
- Epsom and St-Helier University Hospital NHS Trust
- Croydon Health Services NHS Trust
- Chelsea and Westminster Hospital NHS Foundation
- Princess Alexandra NHS Trust
- Hertfordshire Community NHS Trust
- East and North Hertfordshire NHS Trust
- Torbay & South Devon NHS Trust

25 conversations currently ongoing

- Upcoming launches at Shropshire, Telford and Wrekin ICS and Luton & Milton Keynes CCG



NHS employees are getting clear benefits from Peppy

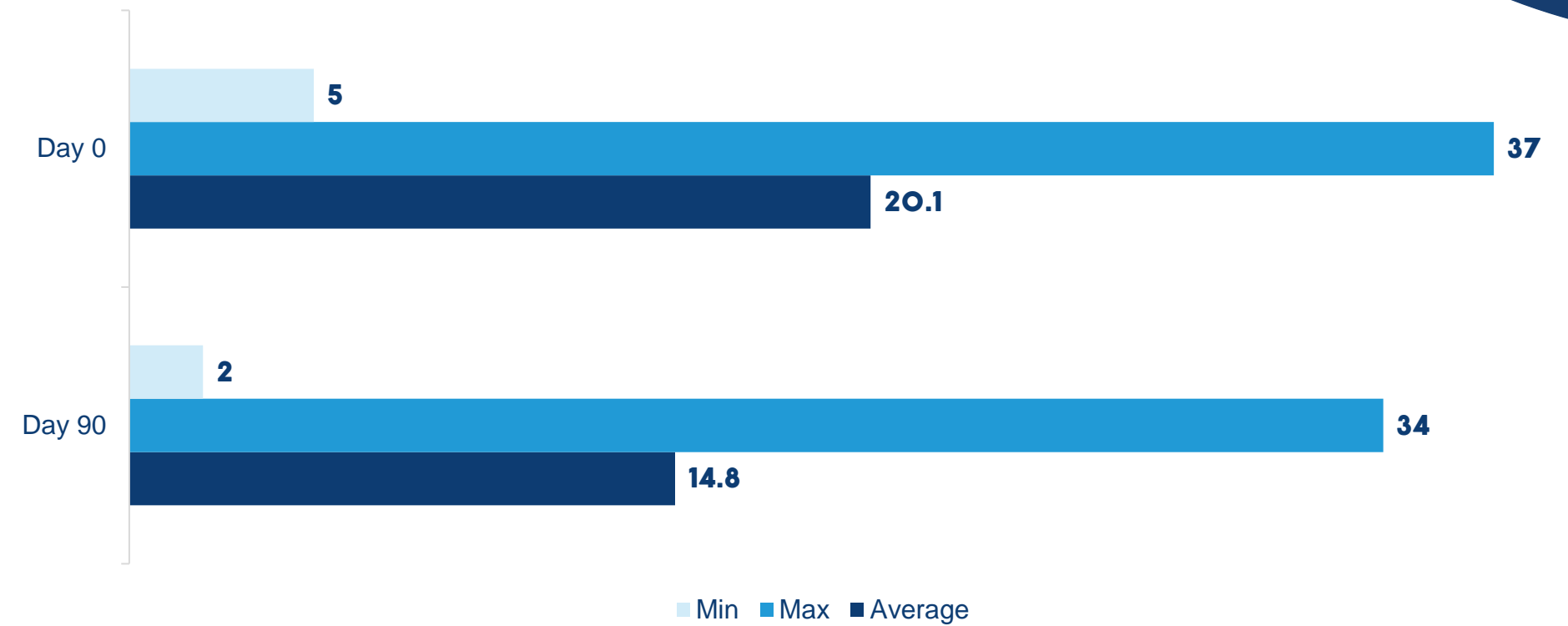
Responses measured on the Menopause Rating scale at Day 0 and Day 90

On average, menopausal symptoms declined by 36% across all NHS users during that period¹

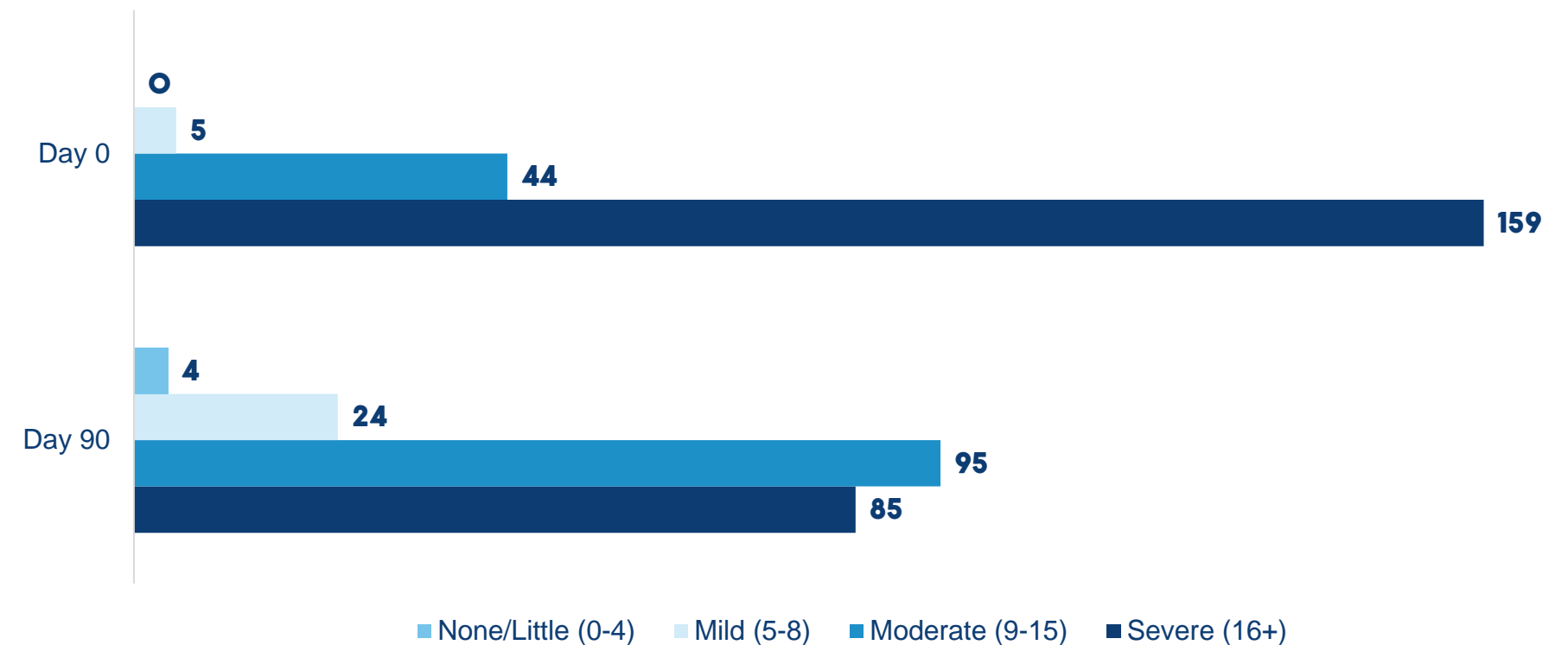
46% of users with severe symptoms at the start had moderate or mild symptoms after 90 days of using Peppy

Measured on the Menopause Rating Scale, a validated scale about the impact of ageing related symptoms that women face and the impact on their lives. Scores range from 0-44 and across three domains: somatic, psychological, urogenital.

Overview MRS score



Severity Number of users



Peppy™



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